



# Seedlings B

at A Child's University Smithfield

7:30 to 8:30

## Child Directed Learning

Handwashing Upon Arrival

8:30 to 9:00

## Diapering / Clean Up / Handwashing

9:00 to 9:15

## Circle Time

Diapering, Handwashing, Sunscreen

9:15 to 9:45

## Morning Snack

Cleaning Up from Snack and Handwashing

9:45 to 10:00

## Art

10:00 to 10:45

## Morning Outside Play

Handwashing and Water Break After Returning Inside

10:45 to 11:15

## Child Directed Learning

Diapering and Handwashing

11:15 to 12:00

## Lunch Time

Cleaning Up from Lunch and Handwashing

12:00 to 2:30

## Nap Time

2:30 to 3:15

## Afternoon Snack

Group On the Rug While Completing Diapering and Handwashing

3:15 to 3:30

## Clean Up / Diapering / Handwashing

3:30 to 4:00

## Afternoon Outside Play

Handwashing and Water Break After Returning Inside

4:00 to 5:00

## Afternoon Free Center Play / Child Directed Learning

Diapering and Handwashing If Needed

each activity includes ample time for the children to transition to the next activity